

Nutrition Therapist

Diet Consultation for:

- Lifestyle Disorders-Weight loss , Diabetes Control, Blood pressure, Cholesterol management, and Stress Management
- Geriatric problems (Osteoporosis, arthritis)
- Children and Adolescents (Guidance on Healthy packed Tiffin's; Balancing Junk and Nutritious foods for healthy living)
- Women(Pregnancy and lactation, PCOD, Post-Menopause)
- Specific Disorders requiring Dietary intervention like Anemia, Cancer, Kidney disorder

Speech Therapist

Audiologist & Speech Language Pathologist (ASLP):

- Is a professional, who is specialized in the evaluation and treatment of hearing / communication and swallowing disorders;
- Components of Speech include; phonation, articulation, fluency, intonation, pitch and voice disorders;
- Components of Language include expressive and receptive language development; Delayed and deviant language development.
- An Audiologist specializes in the areas of hearing assessment for diagnostic purposes, hearing aid fitting and training.
- An ASLP contributes majorly in rehabilitation of neurological cases involving various conditions like disarthria and aphasia.
- An ASLP's work covers paediatric to geriatric population of the society.

PHYSIOTHERAPISTS

Dr. Jyotsana Kiran
Dr. Priya Malgundkar
Dr. Sana Khan
Dr. Vridhi Rawlani
Dr. Shweta Chheda
Dr. Chirag Dhamne
Dr. Aditi Manjrekar

DIETICIAN & NURITIONISTS

Ms. Mansi Dhamne
Ms. Soumya Peeru

SPEECH THERAPIST

Dr. Irawati Pathak



Khokani Lane,
Opp. Ghatkopar Railway Station,
Ghatkopar East, Mumbai,
Maharashtra, 400077
Tel: 022-67827000
Fax: 022-67827007
Email: info@parakhhospital.com



PARAKH THERAPY CENTER

Towards "Healthy You",
Everday, every inch of the way





Physiotherapy is a medicine which keeps changing with clinical experience and techniques and thereby important after any surgery or dysfunction and impairment. As Trained professionals following conditions are treated and services are offered

We offer you with-

- Initial assessment and analysis of your condition
- Precise information about methods / plan and techniques used by our physiotherapist
- Individual tailor made exercise programmes that will help to regain your movement / function and independence
- Education and training in terms of aides and home exercise are included in the follow up
- Our therapist co-ordinates with your physician and surgeons to bring about a multidisciplinary approach .

Thereby we give you a pain free and healthy life to live in

“Heal your body and we will teach you how..”



Musculoskeletal rehabilitation / Orthopedic & sports therapy

come to us for -

**Headaches/ Neck pain / Back Pain
Posture Analysis and Dysfunction /
Joint replacement / Spine Surgery /
Trauma /Frozen shoulder / Arthritis/
Pain Management /Prevention of falls/
Balance training/ Ligaments / Meniscal
- soft tissue repairs / Sports Rehab**

PHYSIOTHERAPY FOR - SPECIAL CHILD

“Put the blocks together to build a better tomorrow for special kids”

Our pediatric therapists provide service that identify and evaluate components that impairs / disable a child. Through our treatment, we target and improve the following components:

- Upper & lower limb strengthening and stretching
- Upper Limb , Lower Limb & whole body Co-ordination
- Balance+
- ADL activity like dressing, bathing etc
- Sensory integration disorder
- Improve positive body awareness and spatial relation